



# Consumer self-assessment tool



This self-assessment may help you in determining your goals and readiness for the consumer representation role you are considering, or have recently decided to undertake.

<p>Why do I want to be involved as a consumer? (Past experiences - either good or bad)</p>	
<p>Have I had sufficient time since my diagnosis or cancer experience (or that of my family member) to be able to work on these issues in an objective way?</p>	
<p>What can I bring to this activity? (Ideas, information, knowledge, skills, experience)</p>	
<p>What do I want to achieve from my engagement as a consumer?</p>	
<p>What type of support do I need?</p>	
<p>What type of role am I best suited to? (e.g., partner, expert, advisor, advocate or personal engagement)</p>	
<p>How do I think the organisation will benefit through consumer involvement?</p>	

